

Books for Ongoing Formation (updated May 2025)			
Author	Title	Recommended Level	Genre
Bergstrom-Allen, Johan, editor	Climbing the Mountain	Intermediate	Overview
Borriello, Luigi, OCD	Spiritual Doctrine of Blessed Elizabeth of the Trinity	Intermediate	About Saints
Brandsma, Titus, O. Carm.	Carmelite Mysticism Historical Sketches	Intermediate	History
Brother Lawrence of the Resurrection	Practice of the Presence of God	Basic	Carmelite Charism
Burrows, Ruth	Ascend to Love; the Spiritual Teaching of St. John of the Cross	Intermediate	About Saints
	Essence of Prayer	Intermediate	Prayer
	Interior Castle Explored	Intermediate	About Saints
Chalmers, Joseph, O. Carm.	Carmel School of Prayer	Intermediate	Prayer
	In Allegiance of Jesus Christ	Basic	Carmelite Charism
	Mary the Contemplative	Basic	Marian
	Let It Be: Praying the Scriptures in Company with Mary, the Mother of Jesus	Basic	Carmelite Charism
de Jésus, Marie-Aimée, OCD	The Twelve Degrees of Silence	Intermediate	Prayer
De Meester, Conrad, OCD	With Empty Hands-the message of St. Therese	Basic	About Saints
Dent, Barbara	My Only Friend is Darkness: Living the Night w/ St. John of the Cross	Advanced	Prayer
Doohan, Leonard	The Contemporary Challenge of St. John of the Cross	Intermediate	About Saints
Dubay, Thomas	Fire Within	Intermediate	Prayer
Editors of Paraclete Press	Holy Thirst: Essentials of Carmelite Spirituality	Basic	Overview
Egan, Keith, TOC	Carmelite Prayer: A Tradition for the 21 st Century	Intermediate	Prayer
	What Makes a Carmelite a Carmelite? Exploring Carmel's Charism	Basic	Carmelite Charism
FitzGerald, Constance, OCD	Desire, Darkness and Hope - Theology in a Time of Impasse	Advanced	Social Justice
Foley, Marc, OCD, editor	The Ascent to Joy: John of the Cross, Selected Spiritual Writings (Editor)	Intermediate	Writings of Saints
	Ascent of Mt. Carmel, Reflections by St. John of the Cross	Intermediate	Writings of Saints
	The Context of Holiness: Psychological and Spiritual	Advanced	Overview
	Reflections on the Life of St. Therese of Lisieux	Intermediate	About Saints
	The Love that Keeps Us Sane: Living the Little Way Of St. Therese of Lisieux	Intermediate	About Saints
	The Dark Night: Psychological Experience & Spiritual Reality	Intermediate	About Saints
	The Story of a Soul	Intermediate	Biography
Goulden, Annette	Rooted in Love, Louis and Zélie Martine: Models of Married Love, Family Life and Everyday Holiness	Intermediate	About Saints
Hardy, Richard	John of the Cross: Man and Mystic	Intermediate	About Saints
Healy, Killian, O. Carm.	Awakening Your Soul to the Presence of God	Intermediate	Carmelite Charism
	Prophet of Fire	Intermediate	Carmelite Charism
Hughes, Barbara, OCDS	Mary the Perfect Contemplative - Carmelite Insights on the Interior life of our Lady	Intermediate	Marian

New	Batsis, Thomas M., O.Carm	Carmelite Prayer and the Practice of Virtues	Intermediate	Prayer
	Kavanaugh, Kieran, OCD	The Interior Castle; A Study Edition	Advanced	Carmelite Charism
		John of the Cross, Doctor of Light and Love	Intermediate	About Saints
		Way of Perfection, Study Guide	Advanced	Carmelite Charism
		St. John of the Cross: The Living Flame of Love Study Edition	Intermediate	About Saints
	Kinn, James	The Practice of Contemplation According to John of the Cross	Intermediate	Prayer
	Laforest, Ann, OCD	The Way to Love, Therese of Lisieux	Intermediate	About Saints
	LaFrance, Jean	Give Peace to my Souls: St Elizabeth of the Trinity	Intermediate	Biography
New	Larkin, Ernest E., O.Carm.	Contemplative Prayer for Today Christian Meditation	Advanced	Carmelite Charism
	Matthew, Iain, OCD	The Impact of God	Intermediate	About Saints
		John of the Cross: Seasons of Prayer	Intermediate	Prayer
	McGreal, Wilfrid, O. Carm.	At the Fountain of Elijah	Intermediate	History
		The Gospel Sustains Me	Intermediate	About Saints
	McMahon, Patrick, O. Carm.	A Pattern for Life, The Rule of St. Albert and the Carmelite Laity	Basic	Carmelite Charism
	Moorcroft, Jennifer	He is my Heaven; Life of Elizabeth of the Trinity	Basic	Biography
	Mulhall, Michael, O.Carm.	Albert and his Rule	Intermediate	Carmelite Charism
	Muto, Susan	Twelve Little Ways to Transform Your Heart: Lessons in Holiness and Evangelization from St. Thérèse of Lisieux	Intermediate	About Saints
		Give Peace to my Souls: St Elizabeth of the Trinity	Intermediate	About Saints
		John of the Cross for Today: The Ascent	Intermediate	About Saints
		John of the Cross for Today: The Dark Night	Intermediate	About Saints
	O'Donnell, Christopher, O. Carm.	Love in the Heart of the Church; the Mission Of St. Therese of Lisieux	Intermediate	About Saints
		Prayer: Insights from St. Therese of Lisieux	Intermediate	About Saints
	O'Keefe, Mark, OSB	The way of Transformation: St. Teresa of Avila on the Foundation and Fruit of Prayer	Intermediate	About Saints
	O'Sullivan, Tracy, O.Carm.	Pilgrimage to God	Basic	Overview
		Been There Already	Basic	Overview
		Evangelization & Contemplation	Intermediate	Overview
	de' Pazzi, Maria Maddalena, O.Carm	Selected Revelations (Classics of Western Spirituality)	Intermediate	About Saints
	Schmidt, Joseph F.	The Gospel According to St. Therese - A Faith Sharing Guide	Intermediate	About Saints
		Everything is Grace: The Life and Way of Therese of Lisieux	Intermediate	Biography
		Walking the Little Way of Therese of Lisieux: Discovering The Path of Love	Intermediate	About Saints
	Seelaus, Vilma, OCD	Distractions in Prayer: Blessing or Curse? St. Teresa of Avila's Teachings in <u>The Interior Castle</u>	Intermediate	About Saints
	Sheehan, Archbishop Fulton	St. Therese a treasured Love Story	Intermediate	About Saints
	Simsic, Wayne	The Inward Path to God: A Prayer Journey with St. Teresa of Avila	Intermediate	About Saints
		Seeking the Beloved: Prayer Journey with St. John of the Cross	Intermediate	About Saints
	Slattery, Peter, O. Carm.	Saint John of the Cross: A Spirituality of Substance	Intermediate	About Saints
		The Springs of Carmel	Basic	Overview

Stinissen, Wilfrid	Into Your Hands, Father	Intermediate	Prayer
Valabek, Redemptus, O. Carm.	Essays on Titus Brandsma	Intermediate	About Saints
	Prayer Life in Carmel	Intermediate	Prayer
Welch, John, O. Carm.	Carmel Notes; St. Teresa of Avila, St. John of the Cross, St. Therese of Lisieux	Basic	About Saints
	The Carmelite Way	Basic	Carmelite Charism
	Seasons of the Heart	Basic	Carmelite Charism
	An Interior Life: Rummaging through the Christian Tradition	Basic	Carmelite Charism
	Immersed in Mystery: Articles for an Interior Life	Basic	Carmelite Charism

New